



Supporting families with children and young people with Special Educational Needs and Disabilities

## NEWS 28.09.2020

### Annual Reviews, Lambeth Carers Card launch, SEN Drop in online, Flu Vaccines, and more

Here's this week's round up of events and information that may be useful to you.

#### **Lambeth Parent Forum - Annual Reviews Workshop with Tanya Williams**

**Wednesday 7th October 2020, 10.00 - 12.00** (join us from 9.30am for a prompt 10 o'clock start to the workshop)

This is a workshop for all parents whether you are applying for an EHCP or you already have one.

**Tanya Williams of TW SENADVICE** will take you through the Annual Review process, how to prepare, what to expect at and after the Review.

Many parents find this process frustrating. Tanya will help you better advocate for your child. There will be an opportunity to ask questions at the end of the workshop.

**Zoom registration:** [https://family-action.zoom.us/join/tJAtdUGvrijsEtNsjsA\\_aLXZEU13N9kcOSv](https://family-action.zoom.us/join/tJAtdUGvrijsEtNsjsA_aLXZEU13N9kcOSv)

You **must register in advance** for this meeting as places are limited. Click on the link above to register.

After registering, you will receive a confirmation email containing information about joining the meeting.

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#### **Lambeth Parent Forum and Family Action Lambeth - Come Together! Coffee Morning**

Thanks to everyone who came to our first 'virtual' Coffee Morning. We're working on setting up some events around the topics raised and hopefully will be able to share those details soon.

Our next Coffee Morning will be on **Wednesday 21st October 2020, 10 - 12** via Zoom. Save the date and we'll be sending out the registration details nearer the time.

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**Lambeth Carers Card** has its virtual launch on **Wednesday 14th October at 10.30am** live on Facebook.

Here's some information from Carers Hub Lambeth about it:

#### **Lambeth Carers Card - Virtual Launch Event**

Join us as we launch the Lambeth Carers Card on 14th October at 10.30am. We will be running a virtual session to showcase how the scheme provides support and resources for unpaid carers in Lambeth. There will also be a chance to hear from Carers UK about the fantastic digital resources available for free via scheme.

We will be streaming the launch live on the [Carers Hub Facebook page](#) and welcome viewers to join us to find out more about the new offers and comment questions you may have.

If you have any questions about the event please contact [info@lambethcarerscard.org](mailto:info@lambethcarerscard.org) or call 020 7501 8973.

The Lambeth Carers Card scheme is being delivered in partnership by Carers' Hub Lambeth and MYsocial and is open to unpaid carers aged 18+ living in Lambeth or caring for someone who lives in the borough. Find out more at [www.lambethcarerscard.org](http://www.lambethcarerscard.org).

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**Carers Hub Lambeth** supports carers in Lambeth in a range of ways from providing information to 1:1 support and peer support groups. Have a look at their website for information about what they can offer for adult carers <https://www.carershub.org.uk/carers> They also have support for Young Carers - children and siblings aged 5 - 21 who help to care for a family member. You can find out more for them [here](#)

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**Lambeth SEN Drop in advice sessions** are going online. You can book a 15 minute online session (on Microsoft Teams) to talk with an SEN Officer about your child's Special Educational Needs or their EHC Plan. Sessions will be held on the first Wednesday of the month, starting 7th October and must be booked in advance. Email [Timms@lambeth.gov.uk](mailto:Timms@lambeth.gov.uk) or text 07740745580 with your preferred contact number. They will get back to you with your booking confirmation.

I understand that most appointments for the first drop in on 7th October are full but do contact them if you need to speak to someone.

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**Lambeth Local Offer** provides information for children and young people with SEND and their parents and carers. It shows families what they can expect from a range of local agencies including education, health and social care.

Need information in another language? Did you know that Lambeth's website has a **translate** button?

Information on the website, including the [Local Offer](#) can be translated into a wide range of languages, powered by Google Translate. You need to scroll down to the very bottom of the page to find the button which says '**Select Language**'

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### **World Mental Health Day Webinar with Healthwatch Lambeth - Wednesday 7th October 3.30 - 4.30pm**

There will be presentations on Mind and Body; Mindfulness; 5-a-day for mental wellbeing.

You can join with this link:

Join Zoom Meeting

<https://us02web.zoom.us/j/8407837405>

Full details are on the [Healthwatch Lambeth website](#).

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### **NHS Flu Vaccine, Learning Disability Health Checks and Coronavirus testing for children**

Winter is coming, and children, carers, people with learning disabilities and adults with long-term health and medical conditions are entitled to a **free flu vaccination** this year. Contact your GP surgery if they haven't contacted you. And make sure they have you registered as a carer.

If your child is 14+ they should also have an **Annual Health Check** through your GP. Contact your GP to make sure your child is on the Learning Disability Register at the surgery. Learning Disability Annual Health checks are a priority for the NHS during Covid-19.

The Department for Health and Social Care has published a ['letter to parents and guardians: when you should book a coronavirus test for your child'](#) to clarify when this is needed.

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**Contact** have a wealth of information on their website including:

- their [new 1:1 Listening Ear service](#), confidential phone appointments with a family support adviser for parents looking for a listening ear, reassurance, and practical and emotional support.
  - [free family workshops](#) on topics including Money Matters; Helping Your Child Sleep; Sensory Processing Disorder; Encouraging Positive Behaviour; Wellbeing for Parents of children with additional needs
  - [the £500 payment to low paid workers who are required to self isolate](#)
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**Include Me Too** is a charity supporting disabled children, young people and their families. Their project Reaching Out to Communities - Changing Lives aims to support BAME families who care for a disabled child. You can find out more on their [website](#)

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**Family Fund** has received extra funding from the Department for Education to provide grants for families on low incomes raising disabled or seriously ill children in England this year. Families can apply for grants to make their lives easier while implementing social distancing measures, including computers and tablets, outdoor play equipment and sensory toys. For details of who can apply, and how to apply, look [here](#)

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## **Activities now and looking ahead to Half Term**

**All Aboard** is the new name for Engine Shed who run sessions for children with Autism and ADHD who love trains! Sessions in Streatham will be starting soon, but they are at the London Museum of Water and Steam at Kew on Sunday afternoon 4th October and 18th October. Booking is essential. More information [here](#)

**Fulham FC** offer online football sessions for 5- 16 year olds and for 16+ adults. They have now added face to face sessions for 16+ adults at Emanuel School, Wandsworth. For more information look at their [website](#) or contact Katy Shephard, Disability Development Officer Email [kshephard@fulhamfc.com](mailto:kshephard@fulhamfc.com) or Tel: 07827 957837

**BFI Southbank** has reopened and cinema tickets for local residents are just £3 - Quote 'BFI Local' when booking online or over the phone. Online events for families take place on Saturdays and at Half Term. BFI Southbank has been awarded the National Autistic Society's Autism Friendly Award.

**CEFLyncx** offer their Breaking Out Half Term Bootcamp from 26th - 30th October 2020. Activities for 7 - 16 year olds are inclusive with a special SEND offer for 14 - 30 year olds (flyer attached). Register on their [website](#) or call Navlet on 07984 337812

**Oxygen Arts in partnership with UINCAP** is running a Photo and Video training course for 14 - 19 year olds over Half Term at locations in Streatham and Kennington (flyer attached).  
Contact [info@oxygenarts.com](mailto:info@oxygenarts.com) for more details and to book.

Hope you've found something useful here.

CEF Lyncx presents: **BREAKING-OUT 2020**



**26th - 30th October** **SEND** **9am to 4pm**

**WE ARE OFFERING 5 DAYS OF PURE  
ACTIVE, FUN, FOOD & LEARNING**

Taking Place at:  
Roupell Park Community Centre,  
145 Hyperion house, SW2 1HY

**MULTI  
SPORTS**

**COOKING**

**ART  
WORK**

**BIKE  
MAINTENANCE**

**TABLE TOP  
GAMES**

**YOGA**

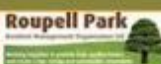
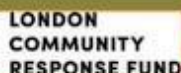
**SPEAKER**

**APPLY NOW**

**AGE -  
14 - 30 Years Old**

**This is a COVID-19 Safety  
Measures Compliance Activity.**

**REGISTRATION IS OPEN NOW  
CLICK APPLY TO REGISTER OR VISIT - [CEFI.ORG.UK](https://cefi.org.uk)  
IF YOU HAVE ANY ENQUIRIES CONTACT NAVLET ON 07984337812**







# PHOTO & VIDEO TRAINING



## AGED 14-19 AND LIVE OR STUDY IN LAMBETH?

Interested in a career in photography or video production?

**Oxygen Arts**, in partnership with **UINCAP**, is offering you the chance to create and produce media projects.

During the **week-long course** in October you will learn how to use **DSLR cameras** to take professional **images and videos**. You will then develop these skills in future **film and photography** projects.

Our first piece of work begins in November and is a film about the hopes and experiences of black people in Britain. This is an **amazing opportunity** to get the **skills and experience** you need to pursue a career in media production.

**Trainer:** Clovis Lowe is a qualified media lecturer, photographer and filmmaker with over 20 years of experience in the industry.

**Price: £50 per person, £25 concessions**

We also have bursaries available to cover all the costs of the course. Spaces are limited so book now to save your place.

## BOOK YOUR PLACE NOW!

**Details:**

**Streatham Capoeira Centre**

136 Streatham High Road,  
SW16 1BW

**Dates:**

Monday 26 - Friday 30  
October, **11am-1pm**

**Kennington Park Centre**

40 St Agnes Place,  
Kennington, SE11 4BE

**Dates:**

Monday 26 - Friday 30  
October, **3-5pm**

**For more details and to  
book your place contact:  
[info@oxygenarts.com](mailto:info@oxygenarts.com)**